

# COVID-19 Level 3 Podiatry Triage for non-DHB Podiatrists

**Am I able to provide In-Person Podiatry Services during Alert Level 3?**

Provide necessary advice to health personnel  
or refer to appropriate health service

Can any currently available service such as GP, A&E, or urgent care/mental health services/DHB services, or other health personnel already in contact with the patient assess or treat this patient instead?

Yes

Or

**Does the care you need to provide meet the Ministry of Health criteria for "urgent" or essential?**

**Is the condition "acute" - life or limb threatening?**

(Refer to "[NZSSD Clinical triage guide to prevent lower limb amputations during the COVID-19 pandemic](#)")

Yes

**Refer to local DHB or Community Foot Protection services**

**Podiatrist to inform GP and follow up**

**Is Podiatry essential to avoid permanent or significant disability? Without intervention Is the condition likely to deteriorate to "acute" life or limb threatening?**

(Refer to "[NZSSD Clinical triage guide to prevent lower limb amputations during the COVID-19 pandemic](#)")

Yes

**Can I make adequate diagnosis and determine treatment plan via telehealth?**

No

**Patient answers "NO" to all Mandatory COVID-19 Risk Assessment questions (p.6)**

No

**Provide necessary advice to other health personnel or refer to appropriate health service and follow up**

No

**Can I adhere to all the Steps to limit Transmission (p.7-10) AND Is the patient happy to proceed with in-person treatment?**

Yes

**Inform the Board of your intent to practice.  
You may provide In-Person Podiatry Services during Alert Level 3.**

**Other foot concern?**

- Assessment+Management of recently developed redness/swelling/pain and is known to the clinic.
- Foot pathology that untreated for 30 days/remainder of the Lockdown (whichever is less) could pose a risk to the health status of this person

Yes

**Proceed with Telehealth.  
Assess & arrange for contactless delivery of palliative aides/orthotics/appliances if required.  
Issue Self care advice and plan follow up.**